

# Merinda Calisthenic College

W: www.merindacc.com.au

Calisthenics is a sport that combines dancing, gymnastics and ballet. It promotes great team involvement in a fun environment.

Founded in 1980 by Principal Mrs Pat Marsh and now administered by a committee of management, Merinda Calisthenics College has grown to be one of the most respected colleges in the state.

Located within a short distance from the Western Ring Road and the neighbouring suburbs of Mill Park, Mernda, Laurimar Estate and Whittlesea, the college is located at 1A/19 Enterprise Drive, University Hill, Bundoora.

E: info@merindacc.com.au



## **Enrolment**

Enrolment details are taken by each Section Secretary at the beginning of each year. Calisthenics Victoria (CV) requires all pupils to be registered and insured. The cost of the CV registration is \$99. The College also requires a medical information sheet to be completed and returned within 30 days of commencement of class.

### Coaches

All coaches at Merinda CC Inc. are fully qualified trained level 1. They are required to update their skills, including first aid, and attend coaches meetings and training seminars on a regular basis.

# **Child Safety Statement**

#### Commitment to Child Safety

All children who are a part of the College have a right to feel and be safe. The welfare of the children in our care will always be our first priority and the College has a zero tolerance to child abuse. The College aims to create a child safe and child friendly environment where children feel safe and have fun and the College's activities are always carried out in the best interests of the children. All Development and Foundation coaches undertake child safety training on a yearly basis.





# CLASSES RESUME IN 2026

Friday
30
JANUARY

**Intermediates (14-17 Years)** 

6:00pm - 10:00pm



Saturday

31 JANUARY **Tiny Tots (Pre School)** 

8:30am - 9:30am

Tinies (5-7 Years)

8:30am - 10:30am

**Sub Juniors (8-10 Years)** 

10:45am - 2:00pm

Juniors (11-13 Years)

2:15pm - 6:15pm



Wednesday

4
FEBRUARY

Seniors (16 And Over)

6:30pm - 10:30pm

# **CALI BALLET**

Enhance your technical skills, co-ordination, balance, poise, strength, flexibility and style with cali-ballet!

#### Mondays (starts 2 Feb)

Subbies: 5-6pm
Juniors 6-7pm
Inters/Seniors 7-8pm
Scan the QR code to enrol!







# ACRO (starts 2 Feb)

Learn lots of new skills while developing strength and flexibility to perform them.

All enrolments merindaacro@gmail.com

**Mondays** Tinies 5-6pm, Subbies 6-7pm **Tuesdays** Tinies 5-6pm, Juniors 6-7pm



# Competitions

Merinda is a competitive College and we take all teams to competitions. Attendance at all competitions is required by all pupils in all competing sections.

# **Uniforms**

#### For competitions

- Blue and White Merinda tracksuit top
- Black Merinda Dance pant
- Black sneakers



#### For class

Plain black leotard, tights and crossovers are optional. Hair is to be tied back at all times.

#### Fee Structure 2026

Payment of fees must be made at the beginning of each Calisthenics term. Fees include class fees and equipment usage.

Section	Term x 4 instalments
Tots	\$165
Tinies	\$225
Subbies	\$250
Juniors	\$260
Inters	\$280
Seniors	\$280

#### Dates for instalments

- 1 March
- 2 May
- 11 July
- 12 September



# Costumes

Costumes are provided by the College. Parents are required to add additional trimming. The Costume Coordinator is always available at class to guide you with your costumes.

# Costume fees

Tots - \$100 Tinies - \$120 Subbies - \$225

Juniors, Inters and Seniors will receive a costume account at the end of the year but must pay a costume levy each term for Terms 1, 2 and 3 which will be deducted from the final account.

Juniors \$100 per term, Inter and Seniors \$130 per term.

## Additional costs

- Make-Up - Hair pieces (wigs)

Pants	Adults \$60	Kids \$52.50	I
Jacket*	\$85 (new)	\$35 (2nd-hand)	(
Polo	Adults \$35	Kids \$30	
Singlet	Adult \$35	Kids \$30	
Leggings	Adults \$65	Kids \$55	t
Backpack with name	Large \$60	Small \$55	`

Uniform (2025 prices)

\*Tinies can hire a tracksuit jacket



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# Camp

### (Juniors, Inters and Seniors only)

Juniors/Inters - \$210 Seniors - \$210 (student prices)

#### 2026 Junior and Inter camp

ADANAC Camp, Yarra Junction (Cost \$210) Monday 13 April - Wednesday 15 April 2026

#### 2026 Senior camp

Campaspe Downs Adventure Camps (Cost \$210) Friday 15 May - Sunday 17 May 2026

#### 2026 Subbie camp day at studios

Tuesday 14 April 2026, 10:30am - 4pm



Calisthenics is a team sport. It is important that all pupils attend each class for the year and arrive at the scheduled commencement time.

If any pupil is unable to attend a class, your Section Secretary should be notified as early as possible prior to the commencement of the class.

Perfect attendance will enable each pupil to reach their potential and form strong friendships within their team. Attendance at every class is recognised annually by the awarding of a medal.

Saturday classes are not held on the long weekend in March, Good Friday or Easter Saturday. However, classes and competitions are held through September school holidays.



Our solo concert for all pupils competing in solos in 2026 will be held on Saturday 15 February 2026 at Loyola College.

## Stage rehearsals

Merinda will have stage rehearsals for each section throughout the year.

Attendance at these is compulsory.

Seniors only: Wednesday 24 June - Frankston Arts Centre (6:30-10:30pm)

Juniors and Inters: Sunday 28 June - Frankston Arts Centre (Times TBC)

Tots, Tinies, Subbies: Wednesday 1 July - Besen (Times TBC)

#### Concert

A demonstration concert and medal presentation is scheduled to take place on Sunday 25 October 2026 at the Besen Theatre, Burwood. This is a culmination from all the age levels of the work performed throughout the year. Pupils will perform all their items at this wonderful event.

# Family Fun Day

Family Fun Day for the whole club will be held on Sunday 8 November 2026, 10am - 1pm.

## **Enquiries**

All enquiries please contact: Sue Harding on 0412 113 160 or email sue@merindacc.com.au

### Find us online

Visit our website - www.merindacc.com.au

FACEBOOK - https://www.facebook.com/MerindaCC/

INSTAGRAM <a href="https://www.instagram.com/merindacalistheniccollege/">https://www.instagram.com/merindacalistheniccollege/</a>

(or simply search merindacalisthenic college)