

Merinda Calisthenics College

W: www.merindacc.com.au

Calisthenics is a sport that combines dancing, gymnastics and ballet. It promotes great team involvement in a fun, team orientated environment.

Founded in 1980 by Principal Mrs Pat Marsh and now administered by a committee of management, Merinda Calisthenics College has grown to be one of the most respected colleges in the state.

Located within a short distance from the Western Ring Road and the neighbouring suburbs of Mill Park, Mernda, Laurimar Estate and Whittlesea, the college is located at 1A/19 Enterprise Drive, University Hill, Bundoora.

E: info@merindacc.com.au



Classes and times for 2022

Tots	Saturday 8:30 - 9:30am	4 years and under	Commencing Sat 5 Feb
Tinies	Saturday 8:45 - 10:30am	7 years and under	Commencing Sat 5 Feb
Subbies	Saturday 10:45am - 2:15pm	10 years and under	Commencing Sat 5 Feb
Juniors	Saturday 2:30 - 6pm	13 years and under	Commencing Sat 5 Feb
Inters	Friday 6 - 10pm	16 years and under	Commencing Fri 4 Feb
Seniors	Wednesday 6:30 - 10:30pm	16 years and over	Commencing Wed 2 Feb

Enrolment

Enrolment details are taken by each Section Secretary at the beginning of each year. Calisthenics Victoria Incorporated requires all pupils to be registered and insured. The cost of the CVI registration is \$85. The College also requires a medical information sheet to be completed and returned within 30 days of commencement of class.

Coaches

All coaches at Merinda CC Inc. are fully qualified trained level 1. They are required to update their skills, including first aid, and attend coaches meetings and training seminars on a regular basis.

E: info@merindacc.com.au



Summer School

Tuesday 18 January til Thursday 20 January 2022

Merinda Studios 1a/19 Enterprise Dr, University Hill Bundoora All ages welcome More details via our social media



Come and try day

Saturday 29 January 2022

Tots - beginner class 8:30 - 9:30am
Tinies - 7 years and under 9:45 - 10:45am
Subbies - 10 years and under 11am - 12:30pm
Juniors - 13 years and under 1 - 2:30pm

Merinda Studios 1a/19 Enterprise Dr, University Hill Bundoora



W: www.merindacc.com.au

E: info@merindacc.com.au



Competitions

Merinda is a competitive College and we take all teams to competitions. Attendance at all competitions is required by all pupils in all competing sections.

Uniforms

For competitions

- Blue and White Merinda tracksuit top
- Black Merinda Dance pant
- Black sneakers



For class

Plain black leotard, tights and crossovers are optional. Hair is to be tied back at all times.

Fee Structure 2022

Payment of fees must be made at the beginning of each Calisthenics term. Fees include class fees and equipment usage.

Section	Term x 4 instalments	
Tots	\$150	
Tinies	\$210	
Subbies	\$235	
Juniors	\$235	
Inters	\$265	
Seniors	\$265	

Dates for instalments

- 26 February
- 30 April
- 16 July
- 17 September

Costumes

Costumes are provided by the College. Parents are required to add additional trimming. The Costume Coordinator is always available at class to guide you with your costumes.

Costume fees

Tots - \$60

Tinies - \$80

Subbies - \$120

Juniors, Inters and Seniors will receive a costume account at the end of the year but must pay a costume levy each term for Terms 1, 2 and 3 which will be deducted from the final account.

Juniors and Inters \$100 per term, Seniors \$120 per term.

Additional costs

- Make-Up

- Hair pieces (wigs)

Uniform (2019 prices)

Pants - Adults \$50 & Kids \$40 Jacket - \$77

Polo - Adults \$27 & Kids \$23 Leggings - Adults \$59 & Kids \$49

Tinies can hire a tracksuit jacket

W: www.merindacc.com.au

E: info@merindacc.com.au



Camp (Juniors, Inters and Seniors only)

Juniors/Inters - \$175 Seniors - \$195 (student prices)

2022 Junior and Inter Camp

ADANAC Camp, Yarra Junction

Monday 11 April - Wednesday 13 April 2022

2022 Senior Camp

Don Bosco Camp, Dromana Friday 3 June - Sunday 5 June 2022

2022 Subbie camp day at studios

Tuesday 12 April 2022



Calisthenics is a team sport it is important that all pupils attend each class for the year and arrive at the scheduled commencement time.

If any pupil is unable to attend a class, your Section Secretary should be notified as early as possible prior to the commencement of the class.

Perfect attendance will enable each pupil to reach their potential and form a strong friendship within their team. Attendance at every class is recognised annually by the awarding of a medal.

Classes are not held on the long weekend in March, Good Friday or Easter Saturday. However, classes and competitions are held through <u>September school holidays</u>.



Merinda will have a Stage Practice for each section throughout the year, attendance at this is compulsory.

Tinies - Sunday 22 May

Subbies, Juniors and Inters - Monday 27 June

Seniors - Wednesday 29 June

Concert

A demonstration concert and medal presentation is scheduled to take place on Sunday 6 November 2022 at the Besen Theatre, Burwood. This is a culmination from all the age levels of the work performed throughout the year. Pupils will perform all their items at this wonderful event.

Enquiries

All enquiries please contact:

Sue Harding on 0412 113 160 or email sue@merindacc.com.au

Find us online

Visit our website - www.merindacc.com.au

FACEBOOK - https://www.facebook.com/MerindaCC/

INSTAGRAM https://www.instagram.com/merindacalistheniccollege/

(or simply search merindacalisthenicscollege)

