

2024



Merinda Calisthenic College

W: www.merindacc.com.au

E: info@merindacc.com.au

Calisthenics is a sport that combines dancing, gymnastics and ballet. It promotes great team involvement in a fun environment.

Founded in 1980 by Principal Mrs Pat Marsh and now administered by a committee of management, Merinda Calisthenics College has grown to be one of the most respected colleges in the state.

Located within a short distance from the Western Ring Road and the neighbouring suburbs of Mill Park, Merinda, Laurimar Estate and Whittlesea, the college is located at 1A/19 Enterprise Drive, University Hill, Bundoora.



Enrolment

Enrolment details are taken by each Section Secretary at the beginning of each year. Calisthenics Victoria (CV) requires all pupils to be registered and insured. The cost of the CV registration is \$85. The College also requires a medical information sheet to be completed and returned within 30 days of commencement of class.

Coaches

All coaches at Merinda CC Inc. are fully qualified trained level 1. They are required to update their skills, including first aid, and attend coaches meetings and training seminars on a regular basis.

Summer School

Monday 22 - Wednesday 24 January 2024

Merinda Studios

1a/19 Enterprise Dr, University Hill Bundoora

Summer school times

Tinies - 9:30 - 11am (every day)

Mon 22 Jan

Subbies 10am - 1pm

Juniors 11:30am - 2:30pm

Inters 1:30 - 4:30pm

Tues 23 Jan

Subbies 10:30am - 1:30pm

Juniors 12:15 - 3:15pm

Inters 2 - 5pm

Wed 25 Jan

Subbies - 10am - 1pm

Juniors - 12 - 3:30pm

Inters/Seniors - 1:15 - 4:30pm

Classes

It is IMPORTANT to note, that classes are held throughout the July and September school holidays.

Tots	Saturday 8:30 - 9:30	4 years and under	Sat Feb 3rd
Tinies	Saturday 8:30 - 10:30	7 years and under	Sat Feb 3rd
Subbies	Saturday 10:45 - 2:00	10 years and under	Sat Feb 3rd
Juniors	Saturday 2:15 - 6:15	13 years and under	Sat Feb 3rd
Inters	Friday 6:00 - 10:00	16 years and under	Fri Feb 2nd
Seniors	Wednesday 6:30 - 10:30	16 years and over	Wed Feb 7th

Additional Classes

These classes do not run during school holidays

Cali Ballet	Monday 4:30 - 5:30	Sub Juniors / Juniors	Mon Feb 5th
Cali Ballet	Monday 5:30 - 6:30	Juniors	Mon Feb 5th
Cali Ballet	Monday 6:30 - 7:30	Juniors / Inters	Mon Feb 5th
Cali Ballet	Monday 7:30 - 8:30	Inters / Seniors	Mon Feb 5th
Acro	Monday 5:00 - 7:00	1hr classes assigned by coach	Mon Feb 5th
Acro	Thursday 5:00 - 8:00	1hr classes assigned by coach	Thu Feb 8th

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Competitions

Merinda is a competitive College and we take all teams to competitions. Attendance at all competitions is required by all pupils in all competing sections.

Uniforms

For competitions

- Blue and White Merinda tracksuit top
- Black Merinda Dance pant
- Black sneakers

For class

Plain black leotard, tights and crossovers are optional. Hair is to be tied back at all times.



Fee Structure 2024

Payment of fees must be made at the beginning of each Calisthenics term. Fees include class fees and equipment usage.

Section	Term x 4 instalments
Tots	\$150
Tinies	\$210
Subbies	\$235
Juniors	\$235
Inters	\$265
Seniors	\$265

Dates for instalments

- 24 February
- 27 April
- 13 July
- 14 September

Costumes

Costumes are provided by the College. Parents are required to add additional trimming. The Costume Coordinator is always available at class to guide you with your costumes.

Costume fees

Tots - \$80 Tinies - \$100 Subbies - \$200

Juniors, Inters and Seniors will receive a costume account at the end of the year but must pay a costume levy each term for Terms 1, 2 and 3 which will be deducted from the final account.

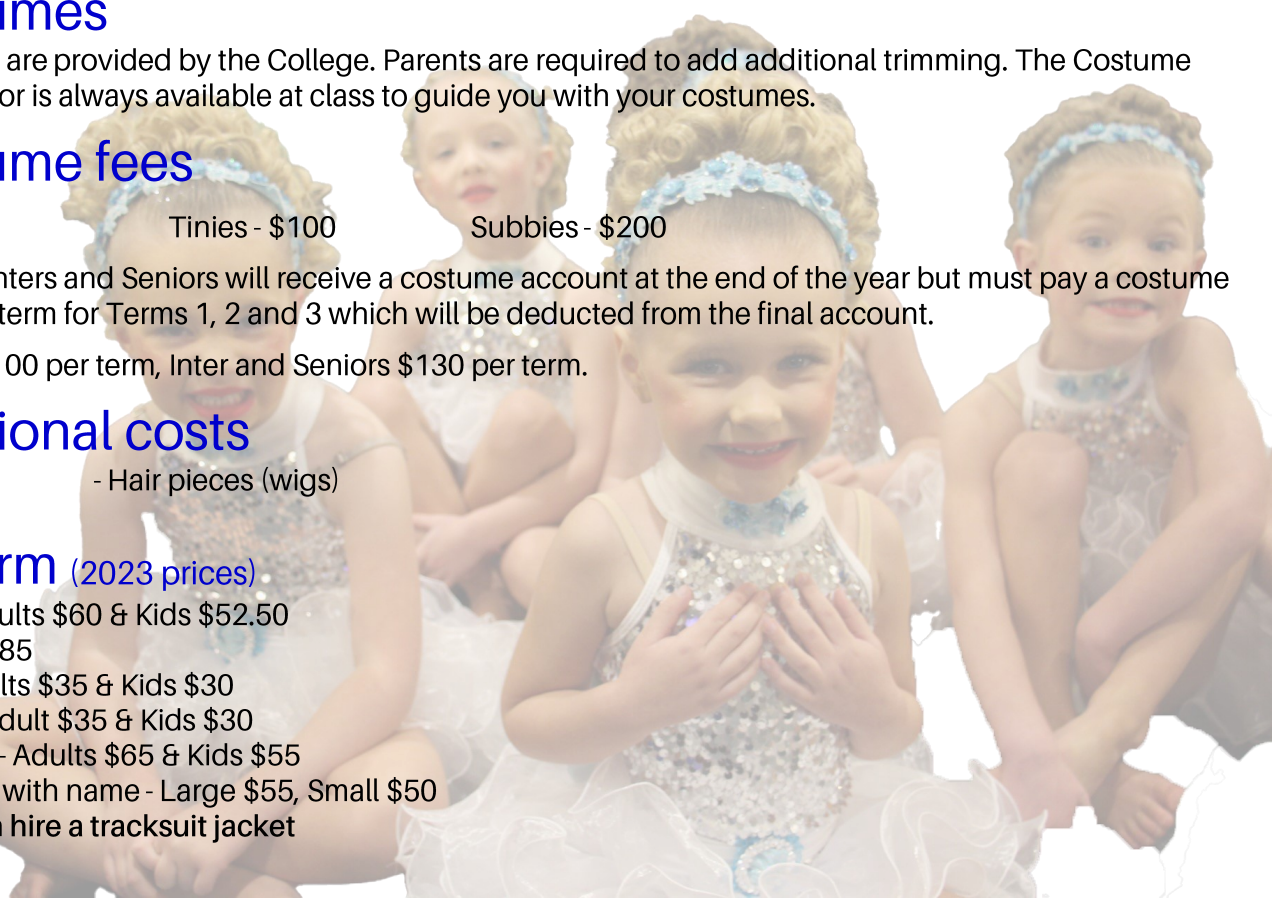
Juniors \$100 per term, Inter and Seniors \$130 per term.

Additional costs

- Make-Up
- Hair pieces (wigs)

Uniform (2023 prices)

- Pants - Adults \$60 & Kids \$52.50
- Jacket - \$85
- Polo - Adults \$35 & Kids \$30
- Singlet - Adult \$35 & Kids \$30
- Leggings - Adults \$65 & Kids \$55
- Backpack with name - Large \$55, Small \$50
- Tinies can hire a tracksuit jacket



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Camp (Juniors, Inters and Seniors only)

Juniors/Inters - \$185

Seniors - \$200

(student prices)

2024 Junior and Inter Camp

ADANAC Camp, Yarra Junction

Monday 8 April - Wednesday 10 April 2023

2024 Senior Camp

Don Bosco Camp, Dromana

Friday 14 June - Sunday 16 June 2023

2024 Subbie camp day at studios

Tuesday 9 April

10:30am - 4pm



Attendance and punctuality

Calisthenics is a team sport. It is important that all pupils attend each class for the year and arrive at the scheduled commencement time.

If any pupil is unable to attend a class, your Section Secretary should be notified as early as possible prior to the commencement of the class.

Perfect attendance will enable each pupil to reach their potential and form strong friendships within their team. Attendance at every class is recognised annually by the awarding of a medal.

Classes are not held on the long weekend in March, Good Friday or Easter Saturday. However, classes and competitions are held through September school holidays.

Stage practice

Merinda will have stage rehearsals for each section throughout the year. Attendance at these is compulsory.

Tinies early June, other sections late June/first week of school holidays in July - dates will be finalised as soon as possible.

Concert

A demonstration concert and medal presentation is scheduled to take place on **Sunday 27 October 2024** at the Besen Theatre, Burwood. This is a culmination from all the age levels of the work performed throughout the year. Pupils will perform all their items at this wonderful event.

Family Fun Day

Family Fun Day for the whole club will be held on **Sunday 10 November 2024, 10am - 1pm**.

Enquiries

All enquiries please contact: Sue Harding on 0412 113 160 or email sue@merindacc.com.au

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Visit our website - www.merindacc.com.au

FACEBOOK - <https://www.facebook.com/MerindaCC/>

INSTAGRAM <https://www.instagram.com/merindacalistheniccollege/>

(or simply search merindacalistheniccollege)

